

Strategies and tips

Confidence and self-esteem

Download: Growth mindset activities for kids



By Amanda Morin



Is your child willing to take on challenges and keep working on them despite setbacks? That's a sign of a **growth mindset** – believing that abilities can improve over time. But some struggling learners have a *fixed mindset*. They think that their abilities are set and won't ever improve, even with effort.

I see learning and thinking differences as a...

Good thing

Bad thing

Neutral thing

Developing a growth mindset is a process. You can help your child move from a fixed mindset to a growth mindset with the help of these fun activities. Use these downloads to help your child start thinking, “What’s next?” and “I can” – instead of “I’m done” and “I can’t.”

Then read about [skills and strengths kids in our community are building at home](#).



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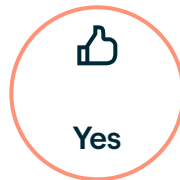
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